# **COVID-19 Volunteer Opportunities**



#### **Remote Opportunities**



### Health

Activity Kits	Create an activity kit for families or youth to help keep them busy during social distancing. Kits could include puzzles and word searches, coloring books and art supplies, or simple board games. Use your imagination and target a specific group!
Safe Start Bottles	Put together Safe Start bottles by filling reusable water bottles with a variety of essential items such as a toothbrush, toothpaste, and floss. These can be donated to homeless shelters and those in need as a quick way to help others get on their feet.
Neighborhood Clean-Up	Spend a few hours, alone or with others (staying socially distant!) and pick up trash around your neighborhood. Target a particularly dirty area, and see what a huge difference a few hours can make.
Cards for Seniors	Create handmade or use store-bought cards to write messages to seniors. These can be shared via meal delivery or sent to senior homes to brighten days. Maybe you'll end up with a pen pal!
Encouragement Bookmarks	Create bookmarks with words of encouragement, positive thoughts, or inspirational quotes that can be shared with students, schools, or those receiving book donations. Pick a target audience and jump in!



## **Education**

Rock Painting	Get crafty! Grab some rocks from outside and paint them with positive messages or pictures. Then, walk around your local community, leaving the rocks in random places for others to find your hint of happiness.
	Learner of the Arman State Conference of the Arman State Conferenc



## **Financial Stability**

COVID-19 In-Kind Supplies Donation	Provide in-kind donations such as food, hygiene items, technologies, or kits that can be donated to local nonprofit organizations in need. Focus on a specific area of need to make the most impact!
Diaper/Baby Kits	Put together diaper/baby kits that can be given to mothers and new parents in need. Ziploc bags can be used for ease of distribution and to place multiple items in one kit.

Not sure which nonprofits could use your Baby Kits, Encouragement Bookmarks, or Cards for Seniors? Send an email to Bryce at <a href="mailto:krugerb@unitedway-york.org">krugerb@unitedway-york.org</a> to get connected!

# **COVID-19 Volunteer Opportunities**



#### **Virtual Opportunities**



### Health

Virtual Senior Buddies	Call your local nursing and care homes to talk to isolated and lonely seniors.  Check in with individuals for a quick conversation and perhaps an exchange of knowledge!
Healthcare Thank-You Cards	Create thank-you cards for first responders and healthcare workers to show appreciation and provide encouragement. Get creative or keep it simple!



### **Education**

STEM Demo	Record yourself demonstrating a science or math experiment for children at home. Walk your audience through the experiment, how it works, and, if possible, how it can be done safely at home!
Virtual Storytelling	Record yourself reading a children's book aloud, and share it online for others to hear. Target a reading level such as elementary, and help your viewers follow along!
Mock Interview or Resume Review	Help students and soon-to-be graduates by hosting virtual mock interviews or providing a resume review. Help prepare the future workforce with workplace questions and provide feedback and tips for success!
Virtual Concert	Play an instrument? Record yourself playing one of your favorite songs or a piece that you are currently working on. Your video can serve as education or entertainment, just share your talent!



## **Financial Stability**

Gift Card Donation	Help people keep their jobs by purchasing gift cards to local and small businesses, and donate them to those in need or purchase goods for others.
Support the United Way COVID-19 Response Fund	Donate to the United Way COVID-19 Response Fund, where 100% of your gift will go directly to support nonprofits in York County. Details at <a href="https://www.unitedway-york.org/covid-19">https://www.unitedway-york.org/covid-19</a> .